F+ Spring Summer 2021												
		Men		with School Food Star products throughout th								
	Week 7 Week commencing 10th & 31st May, 21st June, 12th July, 2nd & 23rd August, 13th September, 4th & 25th October.		Monday		Tuesday 🚟 🚟		Wednesday 🚟 🚾		Thursday we critical indications		Friday Favourites	
		Choice 1	Pork or Veggie Sausages & Onion Gravy	Creamed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Fillet Burger & Tomato Ketchup	Potato Wedges & Mixed Vegetable Medley	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken Curry	Mixed Rice & Naan Bread	Crispy Tempura Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
		Choice 2	Four Cheese Ravioli & Tomato Sauce (v)	Homemade Garlic Dough Balls & Salad Selection	Sweet Chilli Quorn & Veggie Noodles (v)	Mini Vegetable Spring Rolls	Veggie Tomato & Pasta Bake (v)	Homemade Garlic Bread & Salad Selection	Free Range Lancashire Cheese Omelette (v)	Paprika Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
		Choice 3	Freshly Baked Baguette filled with Tuna & Mayonnaise	Tortilla Chips & Freshly Prepared Salad Selection	Cheese & Tomato French Bread Pizza (v)	Potato Wedges & Freshly Prepared Salad Selection	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Veggie Meatball Marinara Sub Roll (v)	Tortilla Chips & Freshly Prepared Salad Selection	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll	Tortilla Chips & Salad Sticks
		Desserts	Seasonal Fruit with Crumble Topping & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk
	Week Commencing  Week Commencing  26th April, 17th May, 7th & 28th June, 19th July, 9th & 30th August, 20th September, 11th October, 1st November.		Meat-Free Monday		Tuesday 🔐 🚾		Wednesday 🚟		Thursday 🚟 🛗		Friday Favourites	
		Choice 1	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Spaghetti Bolognaise	Homemade Garlic Bread & Salad Selection	Roast Chicken Sage & Onion Stuffing & Gravy	Creamed Potatoes Green Beans & Carrot Batons	British Beef Burger & Tomato Ketchup	Potato Wedges Garden Peas & Sweetcorn	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Mushy Peas
		Choice 2	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls & Broccoli Florets	Puff Pastry Cheese Whirl (v)	Herby Potatoes Broccoli Florets & Baked Beans	Crispy Bubble Coated Salmon	Paprika Potatoes Green Beans & Carrot Batons	Quorn & Sweet Potato Curry (v)	Mixed Rice & Naan Bread	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Salad Selection
		Choice 3	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Freshly Baked Baguette filled with Tuna & Mayonnaise	Herby Potatoes & Freshly Prepared Salad Selection	Cheese & Tomato Pizza Panini Melt (v)	Paprika Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Freshly Baked Vegetarian Sausage Roll (v)	Oven Baked Chips or New Potatoes & Baked Beans
		Desserts	Chocolate Brownie & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Cream	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Summer Treat Dessert	Fruit Yoghurt Fruit Selection Organic Milk
	Week 3  Week commencing  3rd & 24th May, 14th June, 5th July, 16th August, 6th & 27th September, 18th October.		Monday		Tuesday 🚟 🚟		Wednesday 📰		Thursday 🚾 🛗		Friday Favourites	
		Choice 1	Veggie Meatballs & Onion Gravy (v)	Creamed Potatoes Broccoli Florets & Carrot Batons	BBQ Chicken Flatbread	Paprika Wedges Garden Peas & Sweetcorn	Roast Pork Sage & Onion Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Chinese Style Chicken Curry	Mixed Vegetable Rice	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
		Choice 2	Spaghetti Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Lancashire Cheese & Potato Pie (v)	Broccoli Florets & Sliced Beetroot	Penne Pasta Arrabbiata (v)	Homemade Garlic Bread & Salad Selection	Pork or Vegetarian Sausage in a Bun & Tomato Ketchup	Herby Potatoes & Mixed Vegetable Medley	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
		Choice 3	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Sweet Pepper French Bread Pizza (v)	Paprika Wedges & Freshly Prepared Salad Selection	Freshly Baked Baguette filled with Tuna & Mayonnaise	Tortilla Chips & Freshly Prepared Salad Selection	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll	Tortilla Chips & Salad Sticks
		Desserts	Oaty Biscuit & Apple Slices	Fruit Yoghurt Fruit Selection Organic Milk	Homemade Jam & Cream Split	Fruit Yoghurt Fruit Selection	Raspberry Ripple Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Gluten Free Chocolate Muffin & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk