

PE Sport and Health Action Plan

School	St George's CE Primary School		2016/2017	
Needs Analysis	PE SOW implementation Assessment & tracking		Extra curriculum participation Competition participation	

Targets:

- 1) The engagement of all pupils in regular physical activity-kick starting healthy active lifestyles.
- 2) The profile of PE and sport is being raised across the school as a tool for whole school improvement.
- 3) Increase confidence, knowledge and skills of all staff in teaching PE and sport.
- 4) Broader experience of a range of sport and activities offered to all pupils.
- 5) Increase participation in competitive sport.

Area	Actions	Success Criteria	Who	Cost
Curriculum Development <ul style="list-style-type: none"> ○ PE SOW ○ Assessment ○ Teacher C&C ○ CPD 	<p>PE Scheme of Work The partnership has been in touch and the scheme of work for KS1 has been further updated. It will be readily available from the summer term for a small fee. With the structure of the school changing and the introduction of new staff, Andy & I plan to scrutinise all teacher's curriculum maps to ensure curriculum coverage. During management time, Andy and I will tweak the current curriculum to fit with the amendments to the scheme and to ensure the school is covering depth and breath. Full coverage has been almost impossible this academic year due to building work. The school has just been handed a purpose built MUGA which will be used regularly during curriculum time as well as extra- curricular activities. In due process, Andy and I will deliver a staff meeting to inform staff of the changes to the curriculum and to update and refresh teacher's knowledge of assessment.</p> <p>Chorley Sports Partnership Once again, the school has opted for the premium package. This includes the core package (£3000) - (bikeability, inter and intra competitions) and the maximum number of coaching hours (160 hrs). I also opted and paid extra for children in the EYFS to participate in the learn to ride scheme using balance bikes. Each half term the school has at least one specialised</p>	<p>Ensure that high quality PE is being taught twice a week.</p> <p>To update the schools long term plan and ensure that the Lancashire scheme of work is being used consistently throughout the school to support the quality teaching of PE.</p> <p>To use outside agencies to promote fitness and health issues and raise the profile of PE in school</p>	<p>LD/AS to:</p> <ul style="list-style-type: none"> - Update the long term plan for PE. - To deliver staff training on curriculum updates and assessment. - To scrutinise planning. - To observe lessons. - To team teach 	<p>£500 towards the cost of supply. £50 towards new curriculum update (new budget)</p> <p>Sports Premium £3100 - core package</p>

teacher or coach in from the School Sports Partnership. They deliver 2 hours of curriculum time as well as an after school club (1 hour). Anne, Andy and I always ensure we ask staff about their training needs before we booked coaches in during the summer term. As subject leaders, we ensure that the School Sports Partnership work with a range of teachers and year groups. This year, the priorities for staff appear to be dance and gymnastics.

Due to positive feedback from parents at the PTFA, staff and children. We have booked in Lorraine (a specialist dance teacher) to deliver dance in Rec, Y1, 2, Y3, Y4, Y5 and Y6. Each child in the junior classes will learn a particular dance i.e. jazz, street, country etc. In addition, Lorraine and Amy from the Chorley School Sports Partnership will deliver lessons based on the curriculum to help build teacher's confidence delivering the scheme of work. For example, Y2 will dance to the Lion King as a link to their topic on Kenya.

Example of Curriculum Time

Autumn - Craig (Invasion Games) - Y4/Y2	Y5/6 - Rugby
Sharon (Athletics) - Y6/ Y3	Y3/4 - Athletics
Daneka (Gymnastics) - Y1/2	Y3/4 - Gym
Josh (Multi-skills) - Y1/REC	Y5/6 - Basketball
Amy (Dance) - REC	Y1/2 - Dance
Lorraine (Dance enrichment)	
Daneka (Games) - Y5/6	Y3/ 4

Assessment

In the early autumn and after receiving the updates to the KS1 curriculum. Andy, Anne and I will deliver a refresher for staff on how to assess quality PE effectively and show others how to use the county tracker. It is important to model to staff and share good practise. As part of the training, we will show them how to use the core tasks to identify children who are exceeding or falling behind. Andy Smith will also focus on this when he is team teaching across the school and alliance.

Professional Development

St George's is now an established teaching school and is responsible for the professional development across its alliance. Anna, the head of Teaching Schools has organised for Glen (A county PE adviser) to deliver training on being an effective PE Subject Leader. As part of the course, Glen delivered a module from the Youth Sport Trust. As an alliance we talked about how best to devise a long term plan for PE and how to ensure curriculum coverage. We talked in depth about the curriculum and the differences between sport and quality PE.

To further improve the quality of PE being delivered and raise the attainment of children.

To improve staff confidence delivering all aspects of the PE Curriculum

To further increase the number of children participating in weekly physical activity.

To refresh staff's knowledge of assessment and to ensure they are regularly assessing to ensure the children are being consistently challenged.

INSET session offered to staff based on delivering outstanding PE using the Lancashire scheme and how to assess effectively to move learning forward.

160 hrs coaching - £4013
£250 - Learn to Ride
A grand total of 7313.00 to be pumped back into the Chorley Schools Partnership

LD/AS to regular monitor the impact on children and staff. To ask staff to fill out questionnaires and to evaluate data on the tracker.

To devise a register template and encourage staff to keep a register of names who attended extra curriculum activities

To monitor numbers and evaluate the percentage of children accessing the clubs.

LD AND AS to ask the boss and schedule an inset for early in the new academic year. See above supply cost LD/AS

Bernard to email colleagues across the alliances to ask for views on areas of development. £1000 from Teaching School Budget Anna and Bernard to organise and inform alliance members.

	<p>As well as buying into the Schools Sports Partnership and other agencies. We are lucky that one of our Assistant Headteachers, Andy Smith is a former secondary PE Teacher. From September, Andy is going to lead the subject along with myself. He will be involved with Anne and I regularly scrutinising planning, observing lessons, and offer support to others. Andy had been on hand this year to team teach with colleagues and deliver outstanding lessons for observing teachers here and across the alliance.</p> <p>The Chorley SSP delivery a range of CPD. I always advertise CPD opportunities on the staff notice board and encourage teachers to share concerns and to ask for support. Tom, a newly qualified teacher went on a course to support the delivery of outdoor education. Rob, a newly qualified teacher is scheduled to go on a TOPS course in the summer term. Anne or I will be updating our knowledge of health and safety with the authority in the Summer term as well as attending training on the changes to the KS1 curriculum as well as the EYFS.</p>	<p>To run INSET session based on teachers weaknesses. This information will be collected through a questionnaire.</p> <p>Offer all staff the opportunity to shadow Andy Smith or the SSP teaching an extra-curricular sport with the idea proposal for that member of staff to lead that sport the following year.</p> <p>Teachers to attend a course based on actively leading sport based games at playtimes. From this a training session can be delivered to all lunchtime supervisors and other TA's</p>	<p>This year see supply cost. Next year, a reasonable chunk of next year's budget should contribute to a long term supply as Andy is out a considerable amount of hours supporting the delivery of PE across the school.</p> <p>Part of the subscription to the SSP core package.</p> <p>£250 - Healthy and a Safety update (next year's budget) £50 to be spent on update to KS1 (next year's budget)</p>
<p>Sport</p> <ul style="list-style-type: none"> ○ G&T ○ Competitions ○ Clubs 	<p>Gifted and Talented</p> <p>Sharon and Sue have been into school and asseed our Y6 class in October. The SSP invited a number of children deemed to be G&T to specialised G&T camps out of school hours. Yet again, the school was willing to use parts of his budget to pay for G&T children to attend the G&T event delivered by the Chorley SSP at the Anderton Centre. The uptake was low and is something we need to raise the profile of. It appears children are not taking home letters or else the camps clash with other activities.</p> <p>Inter Competition</p> <p>We are very lucky at St George's to have so many adults interested in school sport. I believe entering competitions is strength. Last year we entered Sports Hall Athletics, Dance, Quad Kids, Swimming Gala, Football, Hi 5, Cross Country, Gymnastics, Rugby, and Mini Tennis. This year it has been extremely difficult to prepare for tournaments and competitions due to the ongoing building work. The percentage of competitions has significantly dipped this year due to no fault of our own. To date, we have entered football league, hi 5, sports hall athletics. I endeavour to raise the percentage of pupils taking part in competition over the next year so figures are more in line with our past data or if not improved.</p>	<p>To increase the number of children participating in the outside of school camps ran by the Chorley SSP.</p> <p>To maintain the Silver Award Status from Sainsbury's School Games</p> <p>To increase the amount of competitive sport intra and inter. Increase the number of children participating and competing and representing their school in sporting competitions</p>	<p>Part of the subscription to the SSP core package.</p> <p>£ Approximately £20 per pupil to attend the out of hours course. Will come out of next year's budget. LD/AS to hand out letters, promote on newsletter and to speak to parents</p> <p>New GT Leader to hand LD (Subject Leader) a copy of the G&T lists.</p> <p>LD to ask staff to keep records of all children participating in L2 competitions.</p> <p>To ask the views of the children to see what new sports to introduce.</p> <p>To speak to the SSP about the possibility of hiring Daneka to promote Quick Sticks on our new 3G MUGA. Coaching costs will</p>

Intra Competition

The percentage of children taking part in intra school sport has dipped this year due to ongoing building work. We have had no playground or school field for the best part of the year. The SSP have been in and delivered some intra competitions for pupils. Staff have tried wherever possible to create opportunities for intra competition as part of PE lessons at the end of units. Over the next year, I endeavour to raise the percentage of pupils taking part in intra competition so figures are more in line with our past data if not improved. Next year, it will be a priority to raise the profile of house colours. Could we organise additional competitions in house where children participate in team colours.

Clubs

We are very lucky at St George's to have so many adults who give up their time to deliver extracurricular activities. Yet again, it is strength at St George's. This year due to building work, we have relied heavily on the hall. At the beginning of the year, we ran weekly football and hi 5 sessions on the field and playground for children in years five and six. Since the start of the building work, basketball (y5/4), gymnastics (Y3/4), tennis (Y1/2/Y3) and multi-skills (Y1/2) have taken place. The MUGA is now open and tag rugby (Y6/5) and football (Y4/5) will start again after the Easter Break.

Equipment

Due to ongoing building work, I have only purchased netballs for the Hi 5 team and bespoke football goals. The pitch is an irregular size so standard goals do not sit perfectly on the line. Over the next few months, We will tidy both the indoor and outdoor store and complete an audit of things we need to buy to increase participation and introduce new sports. Next year, we would like to buy a new vault. The children practise on a bench in school and found it extremely difficult to transfer the skill to a

To implement inter-house competitions across the school-years 1&2 year 3&4 year 5*6

Offer more opportunities for KS1 children to participate in extra-curricular sports clubs by looking at currently achievable resources that are not utilised.

To further improve the after school provision by introducing new sports such as Quick Sticks.

End of term assembly to promote upcoming sport clubs/events in the following term

Purchase sports equipment throughout the year for use at lunchtimes and during lessons

apply next academic year.

LD/AF to attend a school council meeting to ask the views of the children. What competitions would they like to participate in?

LD to organise a timetable so we can spread clubs out over the week.

£2000 new resources to support the new curriculum and extra curriculum activities. This came out of the school budget as well as a donation from KEEPMOAT.

	<p>soft vault at competition. We think such action will improve the children's overall scores at competition. With a 3G MUGA being installed on the premises, we would like to introduce quick sticks in the upcoming year. This will mean investing in hockey sticks and balls.</p> <p>Swimming To offer all Y5 children an hour long swimming lesson each week for a further term. We have placed a percentage of the sports premium money into swimming.</p>	<p>To introduce new sports to the existing curriculum.</p> <p>To increase the number of Y5 children achieving the KS2 swimming/Life Saving standards. To further increase the number of children participating in the swimming gala.</p>	<p>£2000 of sports premium used to top up swimming lessons.</p>
<p>Health</p> <ul style="list-style-type: none"> ○ Inclusion ○ C4L ○ Leadership 	<p>Inclusion St George's is an inclusive school and all children have an opportunity to compete in intra school sports. The Schools Sports Partnership offers festivals for children on the SEN register. Next year, I would like to increase the percentage of children attending these festivals. This year, our participation is not in line with past figures due to ongoing building work.</p> <p>Residential All children in Y2, Y5 and Y6 took part in an overnight residential and participated in outdoor education. The school used part of its PE budget to supplement parents so all children could participate in outdoor education..</p> <p>Change for Life This hasn't been one of my priorities again due to limited space. I have spoken to Sharon from the Chorley Sports Partnership. She suggested using part of my sports premium top up to pay a member of staff to go training and deliver the club on a regular basis. LD/AF to speak to AP about the possibility of a TA/LTS taking on the role of change for life coordinator. Louise has also talked to the SSP about them delivering the club next academic year as part of our coaching programme.</p>	<p>Look into including inclusive sporting events and advertise them on the weekly bulletin,</p> <ul style="list-style-type: none"> • To ensure all children despite background can attend residential and benefit from engaging in team building activities. <p>Create a spreadsheet of all pupils in the school and which clubs they attend. Then target any children who do not participate by asking them what clubs they would enjoy. Could we introduce a change for life club for those children who dislike sports?</p>	<p>To check the SSP website to see when the inclusion festivals take place.</p> <p>To have a small amount of money to subsidise the cost of residential to parents.</p> <p>To appoint a member of staff to lead the club and to attend training. To speak to another local school about the impact of Change for Life. To organise bags swaps with other local schools. Cost will come out of next year's budget.</p>

To provide opportunities for pupils to develop their leadership, coaching and officiating skills.

PALS - Leadership

Craig from the Chorley SSP delivered PALS training with Y5 in November 2016. St George's have play leaders on both KS1 & KS2 playgrounds. To further develop this role, we will:

- Ensure Y5/6 attend refresher sessions throughout the year delivered by school staff.
- Y5/6 pupils will be invited to attend clubs in capacity of leader, coach or referee.
- To run one intra-school competition each term which the Y6 pupils help to set up and run.
- KS2 PE lessons to teach children rules of games and develop children's abilities to referee matches within their own class or for others.

Lottery Grants

Andy Smith has met up with an external provider to help with a bid to enhance the outdoor area after the building work. To help with health and fitness, he hopes to develop an area consisting of gym equipment which can be used before and after school under supervision as well as playtimes and lunchtimes.

Total PE GRANT - £9,130

**Total spent on PE in
2016./2017 = £ 11,630**

Pupils are actively leading, coaching and officiating sporting events throughout the year including intra school competitions, sports day and clubs.

To provide sports based activities for the children to take part in at lunchtime.

To improve the outdoor area so children can be more active during lunchtime and playtime both at the front and the rear of the school.

Cost of PALS is part of the core payment paid to the Chorley SSP

AS is responsible for overseeing the project.