

**PE Sport and Health Action Plan**

School	St George's CE Primary School	2017/2018
Total for financial year = £14,388		

Actions and strategies	Impact and sustainable outcomes	Evidence	Funding Use	Funding Allocation
<ul style="list-style-type: none"> <li>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity - Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.</li> <li>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</li> <li>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</li> <li>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</li> <li>Key indicator 5: Increased participation in competitive sport</li> </ul>				
<p>Since the completion of a 3G Muga:</p> <p><i>To introduce the game of hockey to KS2 pupils and enter a Level 2 Quicksticks competition.</i></p>	<ul style="list-style-type: none"> <li>All Pupils in 2/3, Y4, Y5 and Y6 completed a half term block of specialised teaching delivered by the Schools Sports Partnership.</li> <li>The School also offered extra curricular sessions for two half terms which pupils in Y3, 4, 5 and 6 attended.</li> <li>The school has entered a Quicks Sticks Level 2 competition for the first time. Two boys from Y6, one boy from Y5 and three girls took part in the competition at a local high school on Wednesday 7<sup>th</sup> March.</li> <li>The school is considering buying our own sets of hockey sticks in 2018/19. This in turn will allow us to reach more children and to maintain interest in the new sport.</li> </ul>	<p>35 - Y6 - Autumn 2 35 - Y5 - Autumn 2</p> <p>37 - Y4 - Autumn 1 27 - Y2/3 - Autumn 1</p> <p>134 KS1/2 pupils were introduced to Hockey (Quick Sticks) in 2017/18</p> <p>A further 40 pupils took part in extra curricular sessions for half a term.</p> <p>6 Pupils went onto represent the school at L2 competition against other schools in the local area.</p>	<p>Daneka is a PE specialist from the Chorley Sports Partnership. She was bought in for 3 hrs per week for a whole term (block one and two).</p> <p>The price included Daneka planning and delivering lessons alongside teachers, the loaning of sticks/balls so the children could participate in quality physical education sessions in school, extra-curricular activities beyond the school day and inter competitions as part of the School Games.</p>	<p>40 hrs x £28 an hour £1120</p> <p><b>Chorley SSP Coaching</b> 120 hrs coaching hours x £28 = £3360</p>

	<ul style="list-style-type: none"> <li>Teachers planned and observed the sessions with Daneka. This was part of professional development so Hockey can become an integral part of the invasion game curriculum offered at St George's.</li> </ul>			
<p>After analysing Teacher's questionnaires about their professional development. Most said, they were least confident teaching Dance.</p> <p>To offer the children in KS2 the opportunity to be coached in Dance and to select a group to compete in a Level 2 competition.</p>	<p>All Pupils in Y1, Y2, Y3, Y4, Y5 and Y6 have completed a half term block of specialised teaching delivered by the Schools Sports Partnership.</p> <p>The School has also offered extra-curricular sessions for a term for those children in Y5 and Y6 wishing to participate in a Level 2 competition ran by the Chorley SSP.</p> <p>The school will also offer KS1 and KS2 extra-curricular clubs in the summer term delivered by a specialised coach from the Chorley SSP. Lorraine (SSP Dance Coach) also has many links with dance schools across the borough if the children wish to take their interest further.</p>	<p>Y1 - 35 - Spring 2 Y2 - 25 - Summer 2 Y3 - 29 - Spring 2 Y4 - 37 - Spring 1 Y5 - 35 - Spring 1 Y6 - 35 - Summer 2</p> <p>196 children have taken part in quality Dance Sessions during PE curriculum time.</p> <p>20 children in Y5/6 took part in extra curricular dance sessions and competed in a L2 competition.</p> <p>20 children in KS1 took part in an extracurricular dance session led by Lorraine in Summer 1.</p> <p>20 children in KS2 took part in an extra-curricular dance session led by Lorraine in Summer 2.</p>	<p>Lorraine is a dance specialist from the Chorley Sports Partnership. She was bought in for 3 hrs per week for two terms (4 blocks).</p>	<p>80 hrs x £28 = £2240</p> <p><b>Chorley SSP Coaching</b> 120 hrs coaching hours x £28 = £3360</p>
<p>To continue to buy into the Schools Sports Partnership Core Package.</p> <p>The school in turn can continue to offer</p> <p>'Bikeability' and 'Learn to Ride' sessions can continue to be offered to all</p>	<p>The school has continued to offer bike ability to those children in Y5. With Sports Premium money, we have enabled to offer these sessions to children and ensure they have the right equipment and resources to participate.</p> <p>To date since 2009 (my appointment as PE leader) - 315 pupils have accessed this safety course in the past nine years.</p>	<p>7 children in Y5 took part in the Learn to Ride Scheme. This was additional training so they had a better chance of accessing and completing the Level 1 bikeability training.</p> <p>35 Y5 children had the opportunity to achieve L1/2 bikeability. Helmets and bikes were provided by the Schools Sports Partnership.</p>	<p>Annual subscription to the Chorley Sports Partnership Core Package for the organisation of Level 2 competitions, bikeability, leadership (pals), central venues and leagues, medals, certificates etc.</p>	<p>£3000 for the Core Service</p>

<p>children in Y5.</p> <p>The Chorley Sports Partnership Team will continue to run intra competitions throughout the year for all year groups. Reception, Y1 - Y6.</p> <p>The school can enter an unlimited number of competitions as part of the School Games.</p> <p>The Chorley Sports Partnership Team will continue to come into school to assess all pupils in Y6.</p> <p>The Chorley Sports Partnership Team will continue to deliver PALS training for all children in Y5.</p>	<p>The SSP offer half termly intra competitions for all pupils across Foundation Stage, KS1 and KS2. Due to ongoing building work, we haven't reached our target this year. Next year, I endeavour to ensure that all pupils throughout St George's access at least one intra competition led by the Chorley SSP.</p> <p>Due to building work in 2017, we had no school field or MUGA so we didn't participate in many level 2 competitions compared to previous years. We entered four competitions in 2016/17 (Football, Hi 5, Rugby and Swimming). In 2017/18, it was my mission to double the amount of competitions we entered as a school and to introduce a new sport of Hockey since the completion of a 3G Muga,</p> <p>The Schools Sports Partnership continue to come into school to assess Y6 pupils and to offer specialist sports camps to those who are deemed as gifted and talented.</p> <p>Since the introduction of the MUGA, the Schools Sports Partnership came into school to train an additional 35 pupils. They gave them ideas of what games and activities could be best delivered on the new surface.</p>	<p>45 Reception children took part in an Intra Schools Easter Multi skills competition delivered by the Chorley SSP.</p> <p>This year to date: 23 children took part in Y3/4 sportshall athletics 24 children took part in Y5/6 sportshall athletics. 6 children took part in Quick Sticks 15 in SSP Dance Competition 15 in the Football League 15 Hi 5 Central Venue League. 6 in Y1/2 Gymnastics</p> <p>We have entered teams into Y5/6 tag rugby, Ollerton football club, the swimming gala, aqua splash, quad kids athletics and tennis.</p> <p>One pupil from a class on 35 was selected for G&amp;T Camps.</p> <p>In 2018/2019 I hope to double this number with the opportunities on offer at St George's.</p> <p>The School has an additional 35 children from Y5 who act as buddies on the KS1/2 playground. This ensures that all pupils in KS1 and 2 have opportunities to participate in 30 minutes of structured physical activity at break and lunchtimes.</p>		
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<p>To introduce a Change for Life Club</p>	<p>At the beginning of the academic year, a member of staff was sent on training delivered from the Chorley SSP. The training was a forum based on the daily mile and change for life club.</p> <p>Due to staff absences, this initiative hasn't taken off as I had hoped. We haven't yet introduced the Change for Life bags and got a regularly club going.</p> <p>I had a lengthy discussion with the headteacher and we are thinking of employing a sports TA who can take on board and plan the Change for Life Club the next academic year.</p> <p>The member of staff who attended the training in Autumn will be introducing the Daily Mile in the Summer term for those children in Key Stage 2.</p>	<p>A member of school staff attended a forum at The Anderton Centre based on Change for Life and the Daily Mile.</p> <p>Looking Forward and getting this initiative off the ground ...</p> <p>We need to employ a sports TA who will take direct responsibility for the planning and implementation of Change for Life.</p> <p>The newly appointed member of staff to attend training delivered by the Chorley SSP</p> <p>The newly appointed member of staff to observe outstanding practitioners delivering the change for life club across the partnership.</p>	<p>Organise a meeting with Gemma, the Chorley Sports Partnership Manager to discuss additional training, gain planning resources and how the bags rotation works.</p>	<p>£750</p> <p>Renting the Change for Life Bags</p> <p>Training for a new member of staff</p> <p>Opportunities to observe outstanding practitioners in the partnership.</p> <p>Regular meeting with the Chorley SSP.</p>
<p>To maintain the numbers of children accessing outdoor learning off site.</p> <p>To continue to offer residential for those children in Y6, Y5 and Y2.</p>	<p>Since 2014, the school has offered three residential to its pupils. A three-day residential at PGL for those children in y6, a two-day residential at Waterpark for those children in Y5 and a one night residential at Bibby's Farm for those children in Y2.</p> <p>To lower costs to parents and give children in Y2 the opportunity to have a go at water and rope activities at Bibby's Farm. The school has used part of his sports premium money to subsidise hiring three qualified outdoor pursuit leaders to lead on the climbing wall, canoeing and the swing bridge. This also includes insurance and the use of specialised equipment.</p> <p>In previous years, we have only done activities which could be led by School Staff i.e. orienteering, glass sledging etc to keep costs down for parents.</p>	<p>Over the past four years 140 children in Y6 (35 X 4) 140 children in Y5 ( 35 X 4) 151 children in Y2 (35+35+40+41)</p> <p>431 children have attended residential over the past four years.</p> <p>In 2017/2018</p> <p>35 children (2 with SEN) went to PGL 35 children went to Waterpark</p> <p>41 Y2 children including 3 with SEN are off to Bibby's Farm in July 2018.</p>	<p>3 qualified specialist Outdoor Pursuit Instructors approved by Lancashire</p> <p>2 Full days</p>	<p>£900</p> <p>£150 a day per instructor.</p>

<p>To provide an additional terms swimming to the children in Y5</p> <p>To increase the number of children who reach the minimum distance of 25 metres unaided</p>	<p>35 children in Y5 go swimming on a Monday afternoon for two terms.</p> <p>The children have an opportunity to take part in the annual Swimming Gala. 12 children from Y5/6 will be chosen.</p> <p>Children deemed to be less confident in the water and working below age related expectations will be invited to the Aqua Splash.</p>	<p>32 out of 35 achieved aged related expectations for swimming. 91% of the cohort in 2016/2017 were able to swim 25 metres unaided.</p> <p>2 of the children have EHCP plan</p> <p>The three children who did not achieve age related expectations alongside a pupil from Y6 were entered into the aqua splash ran by the Chorley SSP. This is an inclusive event for those children less confident in the water. These children will yet again go this event in 2018 to increase their confidence in the water.</p> <p>12 children from Y5 cohort went on to represent the school in the annual Chorley SSP Swimming Gala</p>	<p>The school swim from February half term until the end of the year.</p> <p>35 children go swimming on a Monday afternoon.</p>	<p>£2000 for additional swimming.</p>
<p>To be able to play competitive football matches on the new Muga.</p> <p>To buy bespoke goal posts that fit perfectly on the new Muga so the children can play competitive 7 aside Football.</p>	<p>The new Muga built in 2017 has a football pitch marked out. Unfortunately, due to the size of it. The markings are slightly out from the FA recommendations for 7 aside school football.</p> <p>As a school, we have struggled to buy goal posts that fit safely on the lines. The contractor supplied goal posts which only fitted on the pitch width ways. These are ideal for play times for small sided games.</p> <p>We wanted to use the MUGA regularly for competitive football. We need the pitch to host home games when playing the Ollerton Cup and friendlies.</p>	<p>All 148 junior children have the opportunity to use the goal posts at lunch time and play times during the week on a rota basis.</p> <p>30 children have participated in weekly football training on the MUGA and have took part in intra school tournaments using the new goal posts.</p> <p>10 children to date have taken part in a competitive match against another school in a cup competition.</p>	<p>We purchased bespoke customised goal posts that fit perfectly on our irregular markings.</p>	<p>£2000</p>

<p>To continue to educate all pupils about the importance of health, diet and fitness.</p> <p>During workshops, children to discuss the benefits of exercise for health and wellbeing.</p>	<p>The school has organised for the life education van to come into school as part of our annual theme week. All children on role will be allocated sessions and workshop in their relevant year groups.</p> <p>All sessions are fun, engaging and memorable. Pupils will meet Harold the Giraffe puppet ('Healthy Harold'), and friends. They will join in discussions and watch short films about healthy eating, legal and illegal drugs and their effects, the body and how it works, friendships and their influence, and how choices and behaviours can affect children's health and education outcomes.</p>	<p>All children on role (250) from Reception to Y6 will be allocated a time to and work in the Life Education Van.</p>	<p>The Life Education Van has been hired for a week in the Summer Term.</p>	<p>£1328</p>
<p>To increased confidence, knowledge and skills of all staff in teaching PE and sport</p> <p>To utilise Andy's Smith experience as a former secondary school PE teacher to raise the profile of PE and sport across the school.</p>	<p>The PE subject leaders distributed a questionnaire to all staff. They were asked to be honest and to identify their areas of strength. They also were asked to state their areas for development in the different areas of the PE curriculum</p> <p>From the questionnaires, we analysed and looked at the training needs of individual staff and we produced an action plan, with possible mentoring, observations and team teaching opportunities.</p> <p>In September, the staff will undertake another staff skills and confidence audit.</p> <p>Specific training will be subsequently be provided for staff. CPD opportunities will continue to be provided for all staff to gain confidence and expertise in the teaching of P.E.</p> <p>PE subject leaders</p>	<p>The PE subject Leaders:</p> <p>Distributed and analysed a staff audit.</p> <p>Observed lessons.</p> <p>Team teaching with identified members of staff.</p> <p>Delivered insets about teaching and assessing the PE curriculum</p> <p>Conducted meetings</p>	<p>The cost to release Andy Smith to team teach, observe and delivered staff training based on the audits.</p>	<p>Cost of supply for 30 hrs for Andy Smith</p> <p>£30 x £35 = £1050</p>

	<ul style="list-style-type: none"><li>• To have a clear understanding of staff needs and abilities.</li><li>• To raise the confidence and expertise of all staff members.</li><li>• To continue to keep raising the profile of the subject and to maintain that all PE lessons taught to a good or outstanding level.</li></ul>			
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