

# 60 Minutes Daily Activity at St George's Primary School

## PLAY Times



Active playtimes are valuable at St George's Primary School across all year groups. Children are provided with a range of equipment to use whilst playing and also have access to a trim trail and natural outdoor learning area.

Staff members will lead intra school competitions. Our Y5/6 Buddies lead games for our infant children. Focussing on developing their active minutes as well as their fundamental movement skills.



Go Noodle is used in classes to allow children to have an active break and to have a good mind set as they refocus on their work.

Teachers also include active lessons where possible.



We take part in the daily 'Muga Mile'.

We encourage children to join in and run the mile at lunch times.

### Continuous Provision

Children in EYFS have access to outdoor continuous provision which provides them with rich opportunities to be active throughout the whole day. Children have access to: water trays, sensory kitchen, gardening station, sensory circuits, obstacles, balance boards and much more.

### Breakfast Club and Late Stay

All children are able to join our Breakfast Club and Late Stay. Both times of day the children are able to take part in active games in particular at our Late Stay.

Clubs are often targeted so that groups of children are more likely to attend.